

Type of Document: Terms of Reference (ToRs) for developing a tool kit for integrating health services for Adolescent in Lesotho.

Purpose: A community training guide on the integration of Adolescent sexual reproductive health ASRHR), HIV Services, immunization and child protection in Lesotho

PROJECT TITLE: Integrating health responses for Adolescents in Lesotho

Activity: Development of the integrated SRHR, vaccination, HIV services and child protection referral pathways information kit, An SBCC toolkit to guide peer education.

Introduction: Skillshare Lesotho and UNICEF have a long history of partnership of promoting adolescent and young people health in the areas of ASRHR, HIV &AIDs, COVID-19, Immunization community mobilization and community education, and child protection through the approach of social accountability.

Recently initiatives revolved around building capacity of adolescents and young people in engaging with services providers to enhance services delivery that meet their needs. Skillshare has strengthened peer to peer education approach, and citizenry participation approaches that promote community education and positive engagement. With the integration of COVID-19 immunization, and following WHO guidelines supporting the integration of vaccination as part of the adolescent health response among the state parties.

Skillshare using the two models (peer to peer and social accountability) has been able to establish strong community structures that identify all groups of people, who are left behind for services. Such groups of people include young mothers, young sex workers, people living with disability, adolescents and young people and herd boys to mention but a few. With the emergency of COVID-19 in the year 2021, Skillshare integrated COVID-19 guidelines into their implementation models, including conducting of research, and community feedback mechanism to understand community perception towards the disease, and be able to educate the community on prevention, control, and treatment of COVID-19 including Vaccination.

The proposed information kit to be developed will be aligned with the Lesotho National AH-HA! Guidelines which highlights a set of strategic guidelines designed to address critical health issues in Lesotho, particularly focusing on Adolescent Health, HIV/AIDS, and Sexual and Reproductive Health and Rights (SRHR). The aim of the information kit will aim to provide a comprehensive framework for improving health outcomes, especially among adolescents and young people, by integrating HIV/AIDS services with broader health access and promoting sexual and reproductive health rights including vaccination as integral service to complete adolescent health response in Lesotho.

As part of the 2024-2025 partnership, a coordinated approach for community education will be strengthened, Skillshare Lesotho will take lead in the development of the information tool kit that is intended to provide a central resource tool for peer educators and community workers. The kit is meant to consolidate community health education in response to adolescent health in the areas of ASRHR, immunization, HIV services and child protection.

The program/partnership will be guided by the following project outputs

- i. Promote vaccination, access to HIV services, and child protection referral pathways for high risk groups, including adolescents living with HIV, as well as adolescents and young mothers.
- ii. Promote integration into existing programmes and platforms, vaccination services, HIV services, and access to child protection referral pathways.
- iii. Promoting gender integration and mainstreaming in HIV/ASRHR and immunization, access to HIV services, and access to child protection referral pathways
- iv. Promote community feedback mechanisms to enhance vaccination awareness, access to HIV services, and access to child protection referral pathways including uptake of all health services (SRHR, HIV services, vaccination and child protection).

Purpose and objective

To develop the information toolkit which can be used by all actors in the adolescent health response in the country. The information kit would be tested as a national guide for scale up and support Ministry of Health (adolescent Health and Health Promotions) and other actors in the response to the adolescent health- supplementing AH-HA!

Framework. The tool kit should provide a standardized materials for self-awareness of the target beneficiaries to Champions for community and support group awareness and advocacy.

Objectives:

- i. To develop a user friendly and context-specific information kit that aligns with National health policies and guidelines
- ii. To ensure the information kit provides clear guidelines on the integration of ASRHR, HIV services, immunization, and child protection referral pathways.
- iii. To include practical tools, checklists, and protocols that health workers, volunteers, and others can use in their data today activities in the delivery of the adolescent health services.
- iv. To provide training modules that can be used to enhance the capacity of community health workers, volunteers/peer educators in delivering integrated services

General scope of the work; In this assignment, the consultant will be responsible for the following tasks;

- i. Conduct a situational analysis- review existing policies, guidelines and training materials related to ASRHR, HIV services, immunization and child protection . identify gaps and challenges in the current delivery of integrated services both at national and community level
- ii. Stakeholder engagement; Engage with key stakeholders including MOH, and other health agencies, NGOs, community leaders, health services providers, to gather insights, and also validate information kit content. An opportunity for wider consultation
- iii. Development of the information kit, the consultant is required to draft the information kit, ensuring it is practical, accessible, and easy to use for health workers. Include modules on the integration of ASRHR, HIV services, immunization, and child protection, referral pathways with specific focus on:
 - Service delivery protocols
 - Referral systems
 - Communication strategies for adolescents
 - Monitoring and evaluation tools
 - Incorporate visual aids, flowcharts, and case studies to facilitate understanding and application.
- iv. Field Testing and Validation; Pilot the information kit in selected health facilities to test its usability and effectiveness, gather feedback from health workers and other stakeholders to refine the content.
- v. Finalization of the Information Kit, Revise the information kit based on feedback from the field testing and validation process.
Prepare the final version of the information kit, including any necessary translations or adaptations for different regions.
- vi. Training of Trainers (ToT)
Develop a training module and conduct a Training of Trainers (ToT) workshop to ensure effective dissemination and use of the information kit at the national and community levels. The TOT participants will not exceed 20 selected from the District of Berea, Mafeteng, Mophale's Hoek and Thaba Tseka.

Anticipated Deliverables

The consultant/firm will be expected to deliver the following:

- A comprehensive situational analysis report.
- A draft version of the information kit for review and feedback
- A field-tested and validated information kit.
- A final version of the information kit, ready for dissemination.
- Training modules and materials for the ToT workshop
- A final report detailing the process, findings, and recommendations.

Timeline

The assignment is expected to be completed within 30 working days with the following key milestones

Required Expertise

The consultant/firm should possess the following qualifications:

1. Proven experience in public health, specifically in ASRHR, HIV, immunization, and child protection.

2. Experience in developing training materials and information kits for health workers.
3. Strong understanding of the national health system and policy environment.
4. Excellent communication and stakeholder engagement skills.
5. Experience in conducting field tests and validation processes.

Reporting and Supervision

Supervision: The consultant will report to Skillshare Program Manager/Executive Director and closely work with other members and key stakeholders (MoH UNICEF etc.) Skillshare District focal persons, DHMTs, peer educators, Health facilities managers, and selected beneficiaries

Budget

A detailed budget proposal should be submitted, outlining the costs associated with each phase of the assignment, including stakeholder engagement, development, field testing, finalization, and training.

Submission of Proposals

Interested and qualified consultants are invited to submit a technical and financial proposal that includes the following:

A technical proposal alongside the financial bid outlining their understanding of the assignment, methodology and approaches for the assignment as well as financial bid in Lesotho currency (not more than 4 pages, single space, font size 12).

- A brief description of the proposed approach and methodology.
- CVs of the key team members.
- A detailed work plan and timeline.
- A financial proposal, including a breakdown of costs.

Please hand deliver your application to Skillshare Lesotho Offices located at 42b Old Europa, UN Road, and Opposite Maseru Golf Club. Submission should include application letter, financial proposal, CVs of the individual/team of consultants. Ensure submission in separate envelopes for the financial and technical proposals- clearly marked.

Address the Applications to the; Executive Director, Skillshare Lesotho, clearly indicate the title on the envelope: *“expression of interest for the developing of the community information tool kit”*

Skillshare will only contact an entity/person that qualified. If not contacted, consider your application unsuccessful.

Skillshare reserve the right to call off the offer and or the advert.

Deadline for submission – on or before 20th September 2024 at 4:00 Pm Maseru time.

For inquiries contact: ndyana.dickson@skillsharelesotho.org